

In-text citations

Similarly, good connections to school have previously been shown as important to happiness levels (Suldo & Huebner, 2006; Suldo, Shaffer, & Riley, 2008) along with regular exercise (Maton, 1990; Moljord, Moksnes, Eriksen, & Espnes, 2011; Piko & Keresztes, 2006) and meals with the family (Elgar, Craig, & Trites, 2012).

References

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Milfont, T. L., Merry, S., Robinson, E., Denny, S., Crengle, S., & Ameratunga, S. (2008). Evaluating the short form of the Reynolds Adolescent Depression Scale in New Zealand adolescents. *The Australian and New Zealand Journal of Psychiatry, 42*(11), 950–954. doi: 10.1080/00048670802415343