**Example: Weekly Planner – Time Commitments and Blocks for Study**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Time** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 5.00am |  |  |  |  |  |  |  |
| 6.00am |  |  |  |  |  |  |  |
| 7.00am |  |  |  |  |  |  |  |
| 8.00am |  |  |  |  |  |  |  |
| 9.00am |  |  |  |  |  |  |  |
| 10.00am |  |  |  |  |  |  |  |
| 11.00am |  |  |  |  |  |  |  |
| 12.00pm |  |  |  |  |  |  |  |
| 1.00pm |  |  |  |  |  |  |  |
| 2.00pm |  |  |  |  |  |  |  |
| 3.00pm |  |  |  |  |  |  |  |
| 4.00pm |  |  |  |  |  |  |  |
| 5.00pm |  |  |  |  |  |  |  |
| 6.00pm |  |  |  |  |  |  |  |
| 7.00pm |  |  |  |  |  |  |  |
| 8.00pm |  |  |  |  |  |  |  |
| 9.00pm |  |  |  |  |  |  |  |
| 10.00pm |  |  |  |  |  |  |  |
| 11.00pm |  |  |  |  |  |  |  |
| 12.00pm |  |  |  |  |  |  |  |

Work commitments (36 hours per week) =

Commuting =

Childcare/family commitments =

Community commitments =

Exercise =

Rest/hobby =

Study commitments (10-15 hours per week) =

(Attending course lectures/tutorials, doing course reading, work /review, assignments)