



Problem Solving Therapy For People At Risk Of Self Harm

PRE-WORKSHOP QUESTIONNAIRE

Thank you for registering for the “PST for people at risk of self harm” training programme. Please complete this pre-workshop questionnaire and return it to nicola.collins@auckland.ac.nz before the workshop.

| | |
|---------------------------|--|
| Name | |
| Employer (DHB/PHO) | |

1. How would you rate your knowledge and understanding of problem solving therapy? (please select one)

| Poor | Fair | Good | Very Good | Excellent |
|------|------|------|-----------|-----------|
| 1 | 2 | 3 | 4 | 5 |

2. What is your current perception of how useful PST is likely to be as a therapy for use with people at risk of self harm? (please select one)

| Not useful | Limited in its usefulness | Somewhat useful | Quite useful | Very useful |
|------------|---------------------------|-----------------|--------------|-------------|
| 1 | 2 | 3 | 4 | 5 |

Please add any comments you may have about your current knowledge of PST.

3. For the following questions please circle the number that best describes your satisfaction with each statement

**1 = Strongly Disagree 2 = Somewhat Disagree 3 = Neither Agree Nor Disagree
4 = Somewhat Agree 5 = Strongly Agree**

| Current knowledge and perceptions about PST | | | | | |
|--|---|---|---|---|---|
| I believe that having an understanding of PST will be a useful addition to my current clinical practice | 1 | 2 | 3 | 4 | 5 |
| I am confident that it will be feasible to use PST with my clients within my current working environment | 1 | 2 | 3 | 4 | 5 |
| I believe that using PST could be effective when working with clients who have a history of self harm | 1 | 2 | 3 | 4 | 5 |
| Issues specific to working with suicidal clients | | | | | |
| I have experience working with suicidal clients and/or clients at increased risk of self harm | 1 | 2 | 3 | 4 | 5 |
| I feel confident working with suicidal clients | 1 | 2 | 3 | 4 | 5 |

4. If you would like to add further comment about any of the questions above please use the box below.