### Introduction

Dear Participant

You have enrolled in a PALS Course run through the Department of Anaesthesiology, University of Auckland:

**Time**: Start time is 0740 sharp.

**Location**: Simulation Centre for Patient Safety, Faculty of Medical and Health Sciences Building 502, Basement (Level B)

#### **How to Get Ready**

The PALS Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either an in-hospital or out-of-hospital setting. Because the PALS Course covers extensive material in a short time, you will need to prepare for the course beforehand.

#### **Pre-course Requirements**

You should prepare for the course by doing the following:

- 1. Read and understand this online course or provided book. Any of the following recommended textbooks may also be an alternative:
  - European Resuscitation Council PALS book (Provided)
  - CORE Advanced (NZRC), may be purchased online from <a href="http://www.nzrc.org.nz/resources/">http://www.nzrc.org.nz/resources/</a>
- 2. To guarantee a pass in the final test, please browse the self-assessment MCQs provided in this course. Similar questions may appear in the final MCQ. The passing mark is 80%.
- 3. Here are useful links for further information that you may need:

http://www.nzrc.org.nz/ (Highly recommended)

#### What This Course Does Not Cover

The PALS course does not teach ECG or pharmacology information . If you do not learn and understand the ECG and pharmacology information in the pre-course reading, you may have difficulty in some parts of the PALS Course.

#### What to Wear

Please wear loose, comfortable clothing to class. You will be practicing skills that require you to work on your hands and knees, and the course requires bending, standing, and lifting. If you have any physical condition that might prevent you from engaging in these activities, please tell your instructor.

The instructor may be able to adjust the equipment if you have back, knee, or hip problems.

- When working on the simulation areas, the dress should be neat and tidy.
- Dress sensibly and appropriately, with no revealing clothing.
- For safety reasons, closed shoes must be worn.
- Consider tying back long hair for safety and hygienic reasons.

We look forward to welcoming you. If you have any questions about the course, please call Dr. Magdi Moharib on 373 7599 extn. 39303, 021 171 4686.

You may also contact Jean Bayron | Operations Coordinator – Simulation Centre for Patient Safety, Tel +64 9 373 7599 ext 83122, Email j.bayron @auckland.ac.nz

Sincerely,

**Dr. Magdi Moharib,** M.B., B.S., M.Anaesth, MD, PGDipClinEd

Anaesthesiology

Email: m.moharib@auckland.ac.nz

## **Location of Simulation Centre for Patient Safety**



# Simulation Centre for University of Aucklan

The Simulation Centre for Patient Safe Faculty of Medical and Health Science Building 502, Basement (Level B)

## Simulation Centre for Patient Safety, 85 Pa



